

Farali Chedvo Product Details

Net Weight: 400g (14.11oz)

Nutrition Facts		
Serving Size: 28.35g (1oz)		14 servings per pack
Amount per serving		% DV*
Calories	160	
Total Fat	10g	15%
Saturated Fat	4g	18%
Trans Fat	<0.1g	
Cholesterol	<0.1mg	<0.1%
Sodium	80mg	3%
Total Carbohydrate	14g	5%
Dietary Fibre	3g	12%
Total Sugars	3g	
Added Sugars	3g	6%
Protein	2g	
Vitamin D		0%
Calcium		1%
Iron		3%
Potassium		5%
*The % Daily Value (DV) tells you how much a nutrient serving of food contributes to a daily diet. For general nutrition advice, 2000 calories a day is used.		

Ingredients	
Potatoes (75%), Roasted Peanut (12%), Edible Vegetable Oil (Palm olein) (10%), Sugar & Rock Salt (0.2%)	
Spices & Condiments (Chilli Powder [0.3%] , Coriander Powder, Cumin Powder, Turmeric Powder, Dry Mango Powder, Carom Seed, Ginger Powder, Clove Powder, Cinnamon, Cardamom, Nutmeg, Mace, Bay leaves)	2.8%

Nutrition Information	
Typical Value (approx.)	per 100g
Energy	2342 KJ/560 kcal
Fat	36.2g
of which Saturates	13.0g
Carbohydrates	49.8g
of which Sugar	10.8g
Sodium	584mg
Fibre	9.6g
Protein	8.7g
Salt	0.7g

Allergen Advice:

The product is made in a facility that processes Peanut, Tree Nuts, Soya, Sesame Seeds and Cereals